

Long Man Brewery		ALLERGENS											CEREAL CONTAINING GLUTEN SUB ALLERGENS							NUT SUB ALLERGENS											DIETARY					
Brand Name	Product Type	Contains Sulphur Dioxide or Sulphites (if greater than 10mg/kg)	Contains Fish/Fish Products	Contains Crustaceans or Shellfish	Contains Molluscs	Contains Milk/Milk Products	Contains Sesame Seed/Sesame Seed Products	Contains Celery/Celery Products	Contains Mustard/Mustard Products	Contains Eggs/Egg Derivatives	Contains Lupin Flour/Lupin Products	Contains Soya	Contains Gluten/Gluten Products	Wheat	Rye	Barley	Oats	Spelt	Khorasan	Contains Nuts	Almonds	Brazil Nuts	Cashew Nuts	Chestnuts	Hazelnuts	Macadamias	Queensland Nuts	Pecan Nuts	Pine Nuts	Pistachios	Walnuts	Peanuts	Other	Suitable for Vegetarians	Suitable for Vegans	
														Yes	No	Yes	No	No	No																	No
Rising Giant	Bottle	No	No	No	No	No	No	No	No	No	No	No	Yes	Yes	No	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	Yes	Yes
Best Bitter	Bottle	No	No	No	No	No	No	No	No	No	No	No	Yes	Yes	No	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	Yes	Yes
Long Blonde	Bottle	No	No	No	No	No	No	No	No	No	No	No	Yes	Yes	No	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	Yes	Yes
Old Man	Bottle	No	No	No	No	No	No	No	No	No	No	No	Yes	Yes	No	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	Yes	Yes	
Rising Giant	Cask	No	Yes	No	No	No	No	No	No	No	No	No	Yes	Yes	No	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Best Bitter	Cask	No	Yes	No	No	No	No	No	No	No	No	No	Yes	Yes	No	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Long Blonde	Cask	No	Yes	No	No	No	No	No	No	No	No	No	Yes	Yes	No	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Old Man	Cask	No	Yes	No	No	No	No	No	No	No	No	No	Yes	Yes	No	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	Yes	Yes	
Crafty Blonde (GF)	Keg	No	No	No	No	No	No	No	No	No	No	No	No	Yes	No	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	Yes	Yes	
Long Man Pale Ale	Keg	No	No	No	No	No	No	No	No	No	No	No	Yes	Yes	No	Yes	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	Yes	Yes	
Helles	Keg	No	No	No	No	No	No	No	No	No	No	No	Yes	Yes	No	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	Yes	Yes	
Lager (GF)	Keg	No	No	No	No	No	No	No	No	No	No	No	No	No	No	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	Yes	Yes	

FOR GUEST BEERS PLEASE CONTACT [INFO@LONGMANBREWERY.COM](mailto:INFO@LONGMANBREWERY.COM) OR CALL 01323 871850